

THINK ON THESE THINGS (Philippians 4:8)

# Regrets

OUR FAMILY NEWS

**Pray:** Josiah, Wayne and Cathy, Helen Spicer, Peggy . All health care providers  
**Traveling/Working:** Slope workers Eddie and Susan are traveling.  
**Men's Meeting:** There will be a men's meeting immediately following the AM worship on today. All the men are encouraged to attend.  
**Breakfast:** There will be a breakfast this Saturday September 19, 2020 at the Mat-Su Family Restaurant beginning at 8:00 AM.  
**Young Men's Training:** There will be a young men's training session at the building immediately following the breakfast on Saturday September 19, 2020.  
**Radio Programs:** Listen to "Searching the Scriptures", our weekly radio program and our "One Minute for God" series which airs three times a day six days a week on KMBQ 99.7.  
**Today's Scripture:** "This is a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I am chief." **1 Timothy 1:15 (KJV)**  
**Wisdom for Today:** "For I acknowledge my transgressions: and my sin is ever before me." **Psalms 51:3 (KJV)**

Attendance Last Sunday 51/37: Our Record: 107

*For more detail, please go to the web site.*

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**God's Plan of Salvation**

Hear..... Romans 10:17  
 Believe..... Mark 16:16, Hebrews 11:1-6  
 Repent..... Acts 2:38, II Corinthians 7:10  
 Confess..... Romans 10:9-10, Matthew 10:32-33  
 Be Baptized ..... Mark 16:16, Acts 22:16  
 Arise & Walk in Newness of Life ..... Romans 6:4

"For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to everyone that believeth..."

CONTACT INFORMATION

<p><b>MEETING TIMES</b>  <u>Sunday:</u>                  Bible Classes: 10AM                  AM Worship: 11AM                  PM Worship: 5PM  <u>Wednesday:</u>                  Bible Study: 7PM</p>	<p><b>COME JOIN US!</b>                  The church of Christ at Wasilla meets at:                   2061 N. Merciful Circle                  Wasilla, AK 99654                  (907) 373-5773</p>
<p><b>OFFICE HOURS</b>                  Tue./Thur. Call or Ck Web</p>	<p>Visit our website at:  <a href="http://www.churchofchristwasilla.com">www.churchofchristwasilla.com</a></p>

*Visitors Always Welcome; Members Expected*

## Regrets

Most of us have done things, or at least participated in activities, that we look back on with regret. Our regrets are always there, and when we are trying to be better they pop into our minds and sometimes take away the incentive that we had to do something good today. I know that I have regrets, and they sometimes consume my thoughts so much that I can barely function. Most of our regrets, but not all, revolve around sins we committed. In this we are similar to David, Judas, Peter and Paul

David understood this and many of his Psalms reflect his regrets. **Psalm 38:3-4 (KJV)** "There is no soundness in my flesh because of thine anger; neither is there any rest in my bones because of my sin. For mine iniquities are gone over mine head: as an heavy burden they are too heavy for me." **Psalm 38:17-18 (KJV)** "For I am ready to halt, and my sorrow is continually before me. For I will declare mine iniquity; I will be sorry for my sin." **Psalm 51:2-4 (KJV)** "Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I acknowledge my transgressions: and my sin is ever before me. Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest."

Judas knew regret well. After he had betrayed Jesus with a kiss for 30 pieces of silver, he soon regretted his action and tried to give the money back. (Matthew 25:9-27:9) Peter also knew regret when Jesus turned and looked at him after the roster crowd. Peter, so confident in his love for Jesus, had just denied him three times and we are told in **Luke 22:61 (KJV)** "And the Lord turned, and looked upon Peter. And Peter remembered the word of the Lord, how he had said unto him, Before the cock crow, thou shalt deny me thrice." Paul also knew regret. He wrote about it to the Corinthians; **1 Corinthians 15:9 (KJV)** "For I am the least of the apostles, that am not meet to be called an apostle, because I persecuted the church of God."

Some of our regrets involve decisions we made or didn't make concerning the direction our lives would take. Do you regret not going to college, or not getting a Masters, PhD or MD? Do you regret not taking a job that was offered, or taking a job that took you away from your family? Do you regret staying in a job all your life when you really wanted to do something else? Do you regret not spending more time with your family and less time working? Do you regret the way you treated your kids when you were tired and they wanted to go somewhere with you? We all have regrets like these and probably many others that we could mention.

But we can deal with regrets in one of two ways. David dealt with his regrets by writing Psalms and praying. Read Psalms 38 or 51 completely and you will

Sermon by: Tom Bette; Article by: Bill Beebe

see that he always put his trust in God to deliver him from his problems. On the other-hand, Judas allowed his regret in betraying Jesus to consume him. When he gave the money back to the High Priest his regret was still there. He resolved it by hanging himself (Acts 1:15-20). After Jesus looked at Peter he remembered his boast and the failure that followed it and went out and cried bitterly (Luke 22:62), then became the disciple that Jesus knew he could be. Paul always remembered his past and talked about it several times. In **Romans 7:14-20 (KJV)** he says: "For we know that the law is spiritual: but I am carnal, sold under sin. For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. If then I do that which I would not, I consent unto the law that it is good. Now then it is no more I that do it, but sin that dwelleth in me. For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. For the good that I would I do not: but the evil which I would not, that I do. Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me." And even more clear in **Acts 22:4 (KJV)** "And I persecuted this way unto the death, binding and delivering into prisons both men and women."

David, Judas, Peter and Paul all had regrets that the Holy Spirit saw was necessary for us to know about. David, Peter and Paul dealt with their regrets by repenting and turning to God. They all became the men that God knew that they could. Judas, however, allowed his regrets to consume him and instead of turning to God for help he decided to resolve them alone and on his terms.



Today, we have regrets. None of us live long without having at least a few. It is how we deal with them that matters. While we can not allow our sins to consume us to the point that Judas did, we can use them like Paul did. He thought about them, and those thoughts caused him to approach God closer. He became the Apostle that Jesus knew he could when they met on the road near Damascus. So, when our regrets boil to the surface of our mind, and they will, we need to deal with them like David, Peter and Paul. Pray for strength and draw near to God instead of pushing Him away and trying to deal with them by ourselves, and becoming like Judas.

Regrets will always be with us. It is how we respond to them that make us the people that God knows we can become; or turns us into Judas and lets Satan influence us into making more bad decisions. Make the right choice.