THINK ON THESE THINGS (Philippians 4:8)

Self Control

OUR FAMILY NEWS

Pray: Josiah, Wayne and Cathy, Helen Spicer, Peggy, All health care providers and especially for Scott and his family.

Traveling/Working: Slope workers. Tom and Deb, Chris and Christine, Paul and Alice **Ladies Class:** The Ladies Class has started up again. It is held here at the church's building. See Terry Campbell for details.

Friday Class: There will not be a Friday evening class this coming Friday January 1, 2021.

Directory: Please sign on to our website and check the accuracy of the data in the online directory. You can update your entry yourself or call Bill and he will do it for you.

Radio Programs: Listen to "Searching the Scriptures", our weekly radio program and our "One Minute for God" series which airs three times a day six days a week on KMBQ 99.7

Today's Scripture: "But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, to knowledge self-control, to self-control perseverance, to perseverance godliness", **2 Peter 1:5-6 (NKJV)**

Wisdom for Today: "He openeth also their ear to discipline, and commandeth that they return from iniquity." **Job 36:10 (KJV)**

Attendance Last Sunday 59: Our Record: 107

For more detail, please go to the web site.

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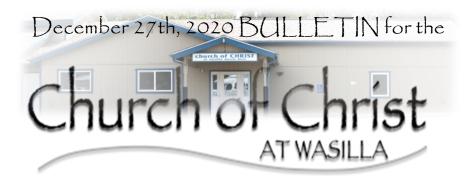
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God's Plan of Salvation

Hear	Romans 10:17
Believe	Mark 16:16, Hebrews 11:1-6
Repent	Acts 2:38, II Corinthians 7:10
Confess	Romans 10:9-10, Matthew 10:32-33
Be Baptized	Mark 16:16, Acts 22:16
Arise & Walk i	n Newness of Life Romans 6:4

"For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to everyone that believeth..."

CONTACT INFORMATION

MEETING TIMES

Sunday:

Bible Classes: 10AM
AM Worship: 11AM
PM Worship: 5PM
Wednesday:

Bible Study: 7PM

OFFICE HOURS

Tue./Thur. Call or Ck Web

COME JOIN US!

The church of Christ at Wasilla meets at:

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Visit our website at:

www.churchofchristwasilla.com

Visitors Always Welcome; Members Expected

Self Control

Have you ever known a person who had little or no self-control? Their personal discipline is weak and they seem to over indulge in whatever it is that they are doing. Sometimes a person can exercise self control in most aspects of their lives, and have no or little self control in other areas of their lives. Sometimes the areas where they lack adequate self-control don't pose a significant problem in their lives, other times it does. I ran a tree seedling nursery in central Arkansas in the mid 1970's and had a mechanic who worked for me. He was a very good mechanic and was very reliable and anyone who met him thought that he was an upstanding man who had his life in order. However, he had a very bad habit that he couldn't seem to control. He was a serial adulterer. He would tell his wife he was going fishing with the nursery foreman then take his girlfriend to the foreman's' house on the nursery while the foreman was gone. He would drop by the fish market on Sunday evening and buy fish to take home with him to convince his wife he was actually fishing. I asked him about it and he said that he just couldn't stop even though it made him feel terrible after he had done it. I still remember what he told me then "Bill, never get started in that."

He was a classic example of a man who had a habit that he had no self-control over. It didn't make any difference how much mental anguish he suffered (or said that he suffered), he would find another woman in a month or two and the process would start over. The rest of his life, as far as I knew, was that of a person with good self-control. He didn't overeat, he didn't run up large debts, he was the very picture of a person who was in control of his life. Except for that one thing. That is the problem with self control, or the lack thereof. You may have everything else under control, but there could be one or two things that you can not seem to manage. It may be alcohol, drugs, pornography, lying, stealing, adultery, or some other major issue. Or it may be overeating, binging on a certain food like chocolate, or overspending. Regardless, when you have no self-control, you become a servant of whatever it is that you cannot control.

Sermon by: Daniel Schramm; Article by: Bill Beebe

In Galatians 5:16 (NKJV) Paul tells the Christians in the churches in Galatia "I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh." Then he contrasts the works of the flesh with the fruit of the spirit by saying "But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires." Galatians 5:22-24 (NKJV) Self-control is one of the aspects of our lives that we are to exercise if we want to "walk in the Spirit". And in 2 Timothy 3:1-4 (NKJV) Paul tells Timothy "But know this, that in the last days perilous times will come: For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God,"

Self-control is a trait that all Christians should cultivate. It is not always easy, we are all strongly tempted one thing or another.

Some are tempted by drugs, others have no interest in them at all. Some will have issues with alcohol, while others have no problem avoiding it. Almost all men, and many women, have viewed pornography at some time or another. Some find that



they have no self-control over it, and become addicted as if it were a drug. However, Christians are instructed to exercise self -control and we have advantages that others do not have. We can share our problems with our brothers and sisters and expect understanding and support as we work through our issues and gain control over them. But the most important advantage that we have that others do not is that we have direct access to God through prayer and an advocate in Jesus who knows our difficulties, because he was tempted like we are.